**Freud’s Psychodynamic Model of Personality**

**Neurosis:**

“Freud term for disorders in which high level of anxiety are a primary symptoms”

OR

Continuous anxiety which is maintain for long-term, unexpressed emotions cause neurosis.

Freud divide personality into three parts;

* ID
* Ego
* Super Ego

These three are the controller of behavior.

* **ID:**

The element of the psyche which is the source of all basic drives. ID is called the ***pleasure principle*** , from the moment of birth, we are driven to try to obtain gratification of our needs.

**Primary process thinking:**

In Freud’s theory, a form of thinking characteristic of the id in which no distinction in made between a wish and its fulfillment.

* **Ego:**

The element of psyche which provides the integrating of personality by mediating between the id and superego, and also mediates the links with the outside world. It works on reality principle, ego provides alternate solution to id.

**Secondary process thinking:**

In Freud’s theory, a form of thinking used by the ego to direct the gratification of drives; unlike primary process of thinking, secondary process of thinking is accessible to conscious awareness, and recognizes constraints imposed by the external world.

* **Superego:**

The portion of psyche which represents the moral demands of family and society, it works on ***morality principle*** and differentiates between good or bad things and control id. It tells that our religion taught modesty.